

PE

Curriculum Map

KS1

Year 1	<p>Fundamentals developing balance, agility and co-ordination & master basic movements including running, jumping, throwing and catching</p>	<p>Dance perform dances using simple movement patterns. Gymnastics developing balance, agility and coordination.</p>	<p>Team games participate in team games, developing simple tactics for attacking and defending.</p>	<p>Fundamentals developing balance, agility and co-ordination & master basic movements including running, jumping, throwing and catching</p>	<p>Invasion games participate in team games, developing simple tactics for attacking and defending.</p>	<p>Athletics master basic movements including running, jumping, throwing and catching.</p>
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Year 2	<p>Fundamentals developing balance, agility and co-ordination & master basic movements including running, jumping, throwing and catching.</p>	<p>Dance perform dances using simple movement patterns. Gymnastics developing balance, agility and coordination.</p>	<p>Team games participate in team games, developing simple tactics for attacking and defending.</p>	<p>Fundamentals developing balance, agility and co-ordination & master basic movements including running, jumping, throwing and catching.</p>	<p>Invasion games participate in team games, developing simple tactics for attacking and defending.</p>	<p>Athletics master basic movements including running, jumping, throwing and catching.</p>
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Lower KS2

Year 3	<p>Football Developing team and invasion skills passing skills, dribbling skills, shooting skills.</p>	<p>Dance performs dances using simple movement patterns. Gymnastics developing balance, agility and coordination.</p>	<p>Basketball / Hockey Developing team and invasion skills Developing passing skills, dribbling skills, shooting skills.</p>	<p>Tennis / Badminton (serving and ball speed) Fore-arm and backhand, serving skills, rallying skills.</p>	<p>Rounders / Cricket (striking and positioning) Catching and throwing, batting skills, team work, positioning for fielding.</p>	<p>Athletics developing balance, agility and co-ordination & master basic movements including running, jumping, throwing and catching.</p>
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Year 4	<p>Hockey Developing team and invasion skills</p>	<p>Dance (motif/gesture) perform dances using simple movement patterns.</p>	<p>Basketball / Football Developing team and invasion skills</p>	<p>Tennis / Badminton (serving and ball speed)</p>	<p>Rounders / Cricket (Striking and positioning) Catching and throwing, batting skills, team</p>	<p>Athletics developing balance, agility and co-ordination & master basic movements including</p>
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	passing skills, dribbling skills, shooting skills.	Gymnastics developing balance, agility and coordination.	Developing passing skills, dribbling skills, shooting skills.	Fore-arm and backhand, serving skills, rallying skills.	work, positioning for fielding.	running, jumping, throwing and catching.
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Upper KS2

Year 5	Basketball	Dance	Hockey	Football	Cricket / Rounders	Athletics
	Throws, dribbling and positions Developing team and invasion skills Developing passing skills, dribbling skills, shooting skills.	working at different levels and body position perform dances using simple movement patterns. Gymnastics developing balance, agility and coordination.	dribbling, passing and control Developing team and invasion skills passing skills, dribbling skills, shooting skills.	Developing team and invasion skills passing skills, dribbling skills, shooting skills.	Developing team and invasion skills passing skills, dribbling skills, shooting skills.	Throwing and catching, striking catching and fielding Batting skills, fielding skills, bowling skills, tactics.

Year 6	Tag rugby	Dance	Hockey / Football	Tennis / Badminton	Rounders / Cricket	Athletics
	Developing team and invasion skills, attacking and defending, agility skills, ball control.	motif/gesture perform dances using simple movement patterns. Gymnastics developing balance, agility and coordination.	dribbling, passing and control Developing team and invasion skills passing skills, dribbling skills, shooting skills.	placement of the ball and body positions Fore-arm and backhand, serving skills, rallying skills.	tactics and fielding Catching and throwing, batting skills, team work, positioning for fielding.	(striking, fielding, leading on to bowling) developing balance, agility and co-ordination & master basic movements including running, jumping, throwing and catching.